

42ND ANNUAL MEDICINE WAYS CONFERENCE: HEALING THROUGH TRADITIONS

SATURDAY, MAY 11, 2024 UNIVERSITY OF CALIFORNIA, RIVERSIDE

SPONSORS















MORONGO BAND OF MISSION











42ND ANNUAL MEDICINE WAYS CONFERENCE

Healing Through Traditions

8:30-9:30 (SSC Lobby/MPR)

• Registration & Breakfast

9:45-10:30 (MPR)

- Welcome, Blessing, & Birdsongs
 - o NASP & NASA, Michael & Will Madrigal

<u>10:45–11:15 (MPR)</u>

- Keynote Searching for the American Dream From San Carlos, Arizona
 - o Earl Sisto

11:25 – 12:15 (SSC 229)

- MAATHAAW: The Fire Within Us
 - o Andrew Pittman

<u>12:25 – 1:30 (MPR)</u>

• Lunch

<u>1:40 – 2:30 (SSC 329)</u>

- How We Heal Using Traditional Practice: Access, Accountability, and Incarceration
 - Shannon Rivers

2:40 - 3:30 (SSC 229)

- Keeping Traditions in Land Based Education Systems
 - o Tashina Miranda Ornelas

3:30- 4:00 (MPR)

Closing

UCR Land Acknowledgment



Rupert (Cahuilla) & Jeannette Henry Costo (Cherokee)

"We at UCR would like to respectfully acknowledge and recognize our responsibility to the original and current caretakers of this land, water, and air: the Cahuilla [ka-wee-ahh], Tongva [tong-va], Luiseño [loo-say-ngo], and Serrano [se-ran-oh] peoples and all of their ancestors and descendants, past, present, and future. Today this meeting place is home to many Indigenous peoples from all over the world, including UCR faculty, students, and staff, and we are grateful to have the opportunity to live and work on these homelands."

Native American Student Programs (NASP) was formed in 1980, making UC Riverside the first UC campus to open an office with a full-time staff dedicated to American Indian student support.

One of nine Ethnic & Gender Offices located in Costo Hall; named in honor of Rupert (Cahuilla) & Jeannette Henry Costo (Cherokee). Rupert Costo was a key player in the foundation and establishment of UC Riverside.



A word on this year's illustration:

This year, it was important to reflect on the origins of this conference through the theme of "Healing Through Traditions". The thought was to highlight the traditional knowledge of our respected community leaders. As Native peoples we recognize the power in exercising our sovereignty, and respecting the teachings we learn from our families, elders, and community members. As Indian people, our culture is an integral part of our existence, and the reality of traditions is that they can often be found in the ways we live our everyday life. We heal through traditions when we use our native language without explanation or permission, when we plant and gather traditional medicines, when we attend ceremonies, and practice our songs in the classroom and community.

It is with this in mind that this year's illustration was created. It is reflective of a Luiseño woman wearing a traditional yucca and cottonwood bark skirt. She is looking towards designs inspired by California basketry. This image is an invitation for the viewer to stand next to the woman, to stand next to the ones that are learning, and to listen to your elders and families and trust what you already know.

Illustrator SUMMER PAA'ILA HERRERA

Payóomkawichum (Luiseño) - Pechanga Temeku Village (She/Her)

Summer Paa'ila Herrera grew up on the Pechanga Indian reservation, yet currently resides and works in Riverside, CA. She is a fourth year undergraduate at the University of California, Riverside majoring in Studio Art and minoring in Native Studies.

Summer has had a solo exhibition of work in the San Diego Public Library, downtown. She has participated in group exhibitions including "Artist Together" at William D. Cannon Gallery in Carlsbad, CA and "Campus Creatives" at The California Center of the Arts in Escondido,



CA. Public works include "Traditions We Carry" and "Noyóku Pélaq" both on display in the admissions office of MiraCosta College, Oceanside, CA. Summer is currently working on a small series of works for her senior exhibition, which will be a group show at the Sweeney Art Gallery in downtown Riverside, opening reception May 18th, 2024.

IG: @sumthingforthearts

Cahuilla Birdsinger WILL MADRIGAL

Cahuilla Band of Indians

Will Madrigal and fellow Birdsingers will open the day after the blessing with Cahuilla songs, welcoming our students, staff, faculty, honored guests and attendees to these homelands of the Cahuilla, Tongva, Serrano, and Luiseño peoples.



Native American Student Association



Native American Student Association (NASA) consists of students from various Native American communities throughout the United States and from other diverse backgrounds. In addition, NASA also represents Indigenous communities from Mexico, Canada, and other areas of the Americas. These students are dedicated to establishing strong ties with neighboring Native American communities in order to increase the representation of Native American students at UCR. NASA provides a rich cultural environment through which Native American students on campus can prosper. NASA coordinates and sponsors various programs throughout the school year, with the Medicine Ways Conference being one of their principal events.

Native American Student Programs



Native American Student Programs (NASP) office is to provides educational, cultural, and social support for UCR students, specifically for Native American/American Indian Students. The NASP office coordinates a variety of activities and programs designed to expand education awareness for our UCR campus as well as the local communities. Additionally, NASP encourages the development and enhancement of leadership and interpersonal communication skills through active participation of students, which makes it possible to plan, organize, and implement innovative programs that promote and educate the campus community about the uniqueness of Indigenous Peoples.

SEARCHING FOR THE AMERICAN DREAM FROM SAN CARLOS, ARIZONA

EARL SISTO

San Carlos Apache Tribe



Mr. Sisto will share his experiences of his traditional upbringing and early education years, as well as his college and adapting to city life. Also, how he upheld his traditional teachings away from the reservation. Earl Sisto was born in 1941 on the San Carlos,

Apache reservation. He was raised by his traditional parents, Frank Sisto and Eva Snow Sisto, along with his five siblings. He spent his early school years at the reservation schools until he was 16 years old. At that time he went to St. John Indian School in Laveen, Arizona. It was there that he knew he wanted to attend college. After moving to Los Angeles, California in 1964, he worked at different jobs through the Relocation Act. It was in Los Angeles where he met and married his wife Carol Sisto. In 1974 Earl received his Bachelors of Fine Arts from UCLA. Earl worked at UCLA's American Indian Studies Program for fifteen years and then UCR's Native American Program for 17 years until he retired. Earl has worked with many different mediums including, painting and sculpting. He is also an expert beader, creating regalias for dancing.

MAATHAAW: THE FIRE WITHIN US ANDREW PITTMAN

Los Coyotes Band of Cahuilla & Cupeno Indians (He/Him)

Condor Visual Media is a digital media library for future generations. Founded and operated by Andrew James Pittman & Lisset Valencia-Pittman. Condor Visual Media LLC, a digital video and photo production company, is dedicated to serving 18 sovereign tribal nations in San Diego and beyond. Our mission is to inspire, strengthen, and promote healthy relationships through the sharing of stories. Andrew, a proud member of the Los Coyotes tribal nation in Warner Springs, partners with his wife Lisset to bring forth their extensive expertise in content creation, spanning over ten years. We collaborate to document historical events, preserve oral history, and develop educational materials for diverse audiences. Given the historical underrepresentation of our people in digital media, it is crucial to reclaim dormant information while creating meaningful and accurate portrayals. Our goal is to guide future generations in continuing the legacy of our intricate heritages.

> Learn more at: www.condorvm.com @condorvm @maathaawfilm @tribalnationsnews



MAATHAAW The Fire Within Us is a feature length film elevating various Indigenous perspectives in modern-day San Diego, California. These perspectives are intertwined through the power of fire. By revitalizing a language on the brink of extinction, seeking ways to safeguard oak trees from depletion, and fostering a reconnection to culture, community, and the land, MAATHAAW highlights the profound emotional, cultural, and scientific significance of fire within our Tribal Nations.

HOW WE HEAL USING TRADITIONAL PRACTICE: ACCESS, ACCOUNTABILITY, AND INCARCERATION SHANNON RIVERS

Akimel O'otham Native American Spiritual Leader

Shannon Rivers is a citizen of the Akimel O'otham (River People) Nation, from the Gila River Indian Community in Southern Arizona. He is an Indigenous Peoples human rights activist speaking on Indigenous movements and the fight for the rights of Indigenous Peoples. Previous work focused on the immigration and migration of Indigenous Peoples into the state of Arizona and throughout the United States. Shannon served as a delegate and participant at the United Nations Permanent Forum on Indigenous Issues for nearly a decade, and from 2008 – 2010 Shannon served as Co-chair for the Global Indigenous Peoples Caucus at the UN. Shannon has conducted and hosted lectures on the United Nation Declaration on the Rights of Indigenous Peoples (UNDRIP) at the State Capital of Arizona and for numerous universities, and colleges nationally and internationally. He is a Native American Spiritual Leader and cultural advisor to the Indigenous inmate population in the state, federal, tribal, and private prisons in Arizona and California, he is Co-Chair for the Underserved Cultural Committee (UsCC) for the Dept. of Mental Health Los Angeles. Shannon received his BS from Northern Arizona University and his MA from the UCLA. Finally, Shannon is the Manger for the Indigenous Education Now Coalition in Los Angeles.

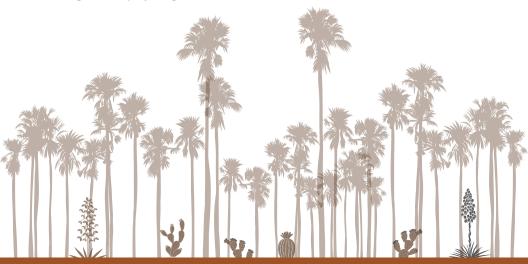


This presentation will examine the challenges encountered by Incarcerated Native Women and Men, their ability to access to ceremonial practices, medicine and prayer circles while incarcerated. The presentation will also explore what happens upon reentry: Identity, imposter syndrome, and the new challenges to stay on the Red Road.

KEEPING TRADITIONS IN LAND BASED EDUCATION SYSTEMS TASHINA MIRANDA ORNELAS

Payóomkawichum (Luiseño) - Pechanga Temeku Village Land Based Educator

Tashina Miranda Ornelas is a Coastal/Mountain Luiseño/Cahuilla Woman from the Southern California region. She was raised near the Soboba Indian Reservation most of her life and currently resides with her husband and 8 children on the Los Coyotes Indian Reservation located in the mountains of Northern San Diego County. She has worked in Native Education for approximately 20 years as a Cultural Land Based Education teacher for both middle school and high school students at Noli Indian School located on the Soboba Indian Reservation. Her hobbies outside of cultural programming include basketweaving, beading & enjoying other traditional land based activities.





This presentation will have an in depth look at how a focused Land Based Curriculum promotes traditional values and customs using protocol & rituals to sustain Southern California Indigenous Youth and overall Community Spiritual, Mental, Physical & Social Health and Wellness.

IG: @coyote beadz

MS. UCR POWWOW PRINCESS TISHMAL HERRERA

Payóomkawichum (Luiseño) (She/Her)





I am Tishmal Herrera. I am an Enrolled member of the La Jolla Band of Luiseño Indians. I am a proud Payóomkawichum Woman which means, People from the West, from La Jolla, Pechanga and Pala. I am also Desert Cahuilla from Torres Martinez. I am currently a Junior at the University of Redlands double majoring in Management and Financial Economics. I have participated in my culture since I can remember but really started to be taught the meanings when I was 14 and I'm still learning. My Cultural teachings have really shown me not only my traditional ways but has given me a purpose and a space where I belong. I am extremely thankful to all of my teachers for continuing to teach me and to be able to pass on my learnings to my youth within my tribe and others. I am Ms. UC Riverside 2023-2024 Powwow Princess and have been proudly representing Luiseño and Cahuilla people in the Powwow community and more.

No\$úun Lóoviq/Thank You







