



MEDICINE WAYS
— CONFERENCE —
UNIVERSITY OF CALIFORNIA,
RIVERSIDE

SATURDAY, MAY 11, 2019
REVITALIZATION OF CULTURE:
RE-CENTERING OUR PAST FOR OUR FUTURE

Conference Schedule

9:00am – 10:00am: Registration and Continental Breakfast
HUB 302

10:00am – 11:00am: Blessing and Welcome
Cahuilla Bird Singers
NASP Staff Introductions
NASA Introductions
UCR Pow Wow Princess Introduction
HUB 302

11:00am – 12:00pm: Keynote Speaker
Cara Romero
HUB 302

12:00pm – 12:10pm: Transition & Break Time

12:10pm – 1:00pm: Workshop Session 1
Chia Café Collective – Traditional Foods and Plants
HUB 260

Cliff T. & Matt L. – The Living Tradition of Southern
Paiute Salt Songs
HUB 268

Lina T. & Danny S. – Hand Games
HUB 367

Makaleta T. – Traditional Tongan Mats
HUB 355

1:00pm – 2:00pm: Lunch – The Sub Station
HUB 302

2:00pm – 2:20pm: UCR Pow Wow Princess Exhibition
Katianna Warren
HUB 302

2:20pm – 2:30pm: Transition & Break Time

2:30pm – 3:20pm: Workshop Session 2

Chia Café Collective – *Traditional Foods and Plants*
HUB 260

Cliff T. & Matt L. – *The Living Tradition of Southern
Paiute Salt Songs*
HUB 268

Lina T. & Danny S. – *Hand Games*
HUB 367

Makaleta T. – *Traditional Tongan Mats*
HUB 355

3:20pm – 3:30pm: Transition & Break Time

3:30pm – 4:20pm: Workshop Session 3

Chia Café Collective – *Traditional Foods and Plants*
HUB 260

Cliff T. & Matt L. – *The Living Tradition of Southern
Paiute Salt Songs*
HUB 268

Lina T. & Danny S. – *Hand Games*
HUB 367

Makaleta T. – *Traditional Tongan Mats*
HUB 355

4:20pm – 4:30pm: Surveys

(Please complete surveys in the last workshop you attend)

4:30pm – 4:40pm: Transition and Break Time

4:40pm – 5:40pm: Dinner – Zacatecas Cafe
HUB 302

Native American Student Programs

The Native American Student Programs (NASP) of the University of California, Riverside (UCR) provides educational cultural and social support for American Indian students. This office coordinates a variety of activities designed to expand educational awareness for American Indian students as well as the campus community. NASP encourages the development and enhancement of leadership and interpersonal skills through active participation, which makes it possible to plan and implement innovative programs for American Indian students at UCR.

Native American Student Association



Native American Student Association (NASA) consists of students from various Native American communities throughout the United States and from other diverse backgrounds. In addition, NASA also represents Indigenous communities from Mexico, Canada, and other areas of the Americas. These students are dedicated to establishing strong ties with neighboring Native American communities in order to increase the representation of Native American students at UCR. NASA provides a rich cultural environment through which Native American students on campus can prosper. NASA coordinates and sponsors various programs throughout the school year, with the Medicine Ways Conference being one of their principal events.

UCR Pow Wow Princess Katianna Warren



Katianna Warren, Diné, is a Deaf Studies major at the Antelope Valley College. Katianna has proudly carried the title of UCR Pow Wow Princess over the past year with honor, speaking at Pow Wows and youth programs about the importance and power of pursuing higher education. Last summer Katianna returned to UCR’s own summer program, Gathering of the Tribes, to talk with Native American high school students from across the nation and led sign language workshops. She has commented how “This [whole experience] has been one of my most enjoyable experiences. I always feel welcome here [at UCR]...it’s so cool. It’s nice to see how connected NASP students are, how they help each other out.” She has become the strong woman she is today thanks in large part to her grandmother and mother who have played a pinnacle role instilling not only a self-motivated and “strong-willed” work ethic, but also a positive life view. In her own words, she learned from her grandmother, who still raises sheep on the reservation, to “...always laugh and see the best in things. She’s pretty strong.” Her mother imparted a “...pick yourself up and keep going” attitude that has helped her harness her internal strength along with connecting with her cultural roots.

Keynote Speaker
Cara Romero



Cara Romero is a Chemehuevi photographer creating monumental fine art photographs. Her work is a response to current events and issues in Indian Country. Born in Inglewood, CA, Cara was raised on the Chemehuevi Valley Indian reservation along the California shoreline of Havasu Lake in the heart of the Mojave Desert, and later, Houston, TX, and Santa Fe, NM. Cara's work reflects her diverse training in film, digital, fine art, journalism, editorial portraiture and commercial photography. She shows at both the Santa Fe Indian Market and the Heard Indian Art Market. She has won several awards including ribbons at both major markets and the "Visions for the Future" award from the Native American Rights Fund. Her work is featured year round at the Robert Nichol's Gallery of Santa Fe.

“[Cara Romero’s work is] sometimes whimsical, often complex examination of modern culture with a distinctly modern Indigenous worldview.”
– *Santa Fe New Mexican*

Chia Café Collective
Abraham Sanchez



Abe Sanchez is actively involved in the revival and preservation of Indigenous arts and foods. His goal has been to promote the decolonization of Native American diets by teaching gathering processes in the wild of native plants and cooking California and Southwest plant –based foods. He works with traditional scholars and cultural specialists to learn culinary methods and cultural practices that he combines with his years of research and experience. He is particularly interested in traditional foods that are sustainable and readily available, yet underused. He believes that teaching about these ancient foods and helping people learn ways to gather, prepare, and eat them again will make a significant difference in our health and the health of our environment. Abe is a founding member of Chia Café Collective and co–publisher of *Cooking the Native Way*, distributed by Heyday.

Chia Café Collective

Barbara Drake



Barbara Drake is a member of the Ti'at (canoe) Society of the Gabrielino (Tongva) tribe. She is a member of Mother Earth Clan, a group of Native American women educators who give cultural presentations on Southern California Indians in schools, museums and other venues throughout the region. She teaches Native California Lifeways for the Claremont Colleges and Native Plants for Food and Medicine at the Idyllwild Arts Summer program. Barbara is a consultant to museums, native centers, and libraries and is involved in setting up cultural exhibitions and living histories that reflect early California Indian lifestyles. Barbara has currently started a community project called "Preserving Our Heritage" involving several Southern California tribes and volunteers who are gathering and preserving native plants for food. These native food products will be housed in a food bank for the Elders. With the help of the Claremont Colleges and community volunteers, Barbara has helped to create a "Living History Garden" which is a 500 year timeline of people and their plants, beginning with the Tongva Indians.

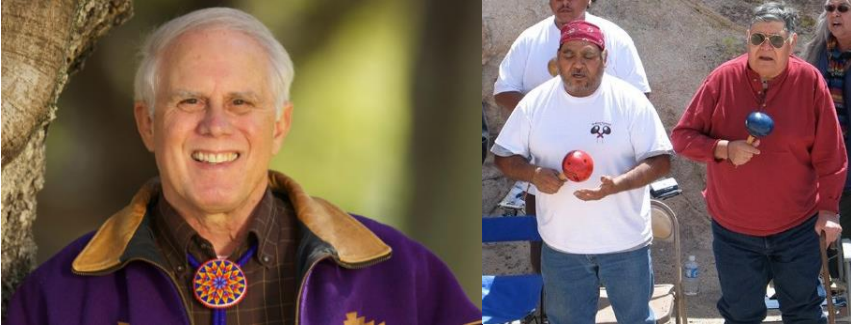
Chia Café Collective
Craig Torres



Through his mother's lineage Craig is a descendent of the Tongva (*Toongve*), or Gabrielino Indians of San Gabriel Mission, from the Indigenous communities of *Yaavetam* and *Komiikravetam*. His father's lineage descends from both Northern Jalisco, Mexico and the Indigenous *Purépecha*, or *Tarascons*, people. He is a member of Traditional Council of Pimuu and involved with Ti'aat Society.

Craig helped develop and works with the cultural program, Tovaave: From Mother Earth, which aims to educate 3rd & 4th graders about the Tongva and their sustenance from nature through food, clothing, and shelter. Craig is also an artist who works in digital and mixed media, utilizing some of his designs as inspiration for community collaborative "sacred art" installations. His involvement with Chia Café Collective has helped provide educational classes and cooking demos with California native plants for many years to "indigenize" Southern California and strive to impart a balance in Western Society.

The Living Tradition of Southern Paiute Salt Songs
Clifford E. Trafzer & Matthew H. Leivas



Picture from left to right: Cliff, Matt (with red rattle)

Clifford E. Trafzer is a Distinguished Professor of History and the Rupert Costo Chair in American Indian Affairs at the University of California, Riverside. Raised in Arizona, he was born to parents of Wyandot Indian and German Blood. For the past 28 years Clifford has taught at UCR, and has been the Director of American Indian Studies, the California Center for Native Nations, and the Native American Education Program. Matthew Hanks Leivas is a member of the Tribal Council for the Chemehuevi Tribe and Director of the Chemehuevi Cultural Center. He is one of the leading Salt Song singers of the Southern Paiute people. Together, Leivas and Trafzer have authored, *Where Puha Sits: Salt Songs, Power, and the Oasis of Mara*.

“The Salt Songs are an ancient song complex unique to Southern Paiute people of California, Arizona, Utah, and Nevada. The songs and ceremonies associated with them are highly significant cultural links, uniting contemporary people with their time of origin. They are at once healing and power songs of great importance today.”

– *Where Puha Sits: Salt Songs, Power, and the Oasis of Mara*.

Hand Games

Lina Tejeda



Lina is a third year History major and Pomo Indian from Ukiah, California. She has been playing Stick Games, or Hand Games, since her aunt introduced it to her at the age of 13. Lina has competed in many tournaments throughout California and Nevada, winning “a few here and there.” She has enjoyed meeting new friends from as far as Canada and Oklahoma. Playing Stick Games is one of the many ways Lina “keeps it traditional”, as it brings her back to her roots through songs and friendships. Lina always loves to make great new memories whether it is competing in a tournament or simply playing with friends and relatives at a get together.

Hand Games
Danny Salgado



Danny Salgado identifies as a Zapotec descendent, and is a graduating fourth year Economics major. He has been extensively involved with the community and campus life as a member of the Native American Student Programs and Native American Student Association as well as American Indian Science and Engineering Society. Danny is a current intern at the UCR community garden, where he has spent most of his free time these past four years. He hopes to continue his passion for agricultural in the future through community gardens and farming.

Traditional Tongan Mats Makaleta Taione



Makeleta Filimoehala–Taione is a Tongan elder and community member from the Pacific Island nation of Tonga (villages of Ma'ufanga Tongatapu and Fangale'ounga Ha'apai) living in Tongva–Ajachemen ancestral lands known today as Garden Grove, California. She migrated with her family in 1981 and has remained in the Southern California areas since. She is a community member who engages students in college and community spaces sharing traditional wisdom and knowledge founded on Tongan ideals and lived experience. Moreover, she shares knowledge and practice of traditional Tongan mats known as "ngatu" and the art of gifting in tauhi vā/keeping relations.

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